



Event Calendar

April 2025

01 — Tuesday

No events

02 — Wednesday

No events

03 — Thursday

No events

04 — Friday

No events

05 — Saturday

09:00 — 16:30 Sunshine Coast Open II

09:30 — 17:30 South Coast Championships

06 — Sunday

No events

07 — Monday

No events

08 — Tuesday

No events

09 — Wednesday

No events

10 — Thursday

No events

11 — Friday

No events

12 — Saturday

09:30 — 18:30 JPS Autumn Lift Off

10:00 — 17:00 Bunny Bar Bash

11:00 — 15:00 Heavy Metal Havoc III

13 — Sunday

11:00 — 18:00 Western Sydney Open 25.1

14 — Monday

No events

15 — Tuesday

No events

16 — Wednesday

No events

17 — Thursday

No events

18 — Friday

No events

19 — Saturday

No events

20 — Sunday

No events

21 — Monday

No events

22 — Tuesday

No events

23 — Wednesday

No events

24 — Thursday

No events

25 — Friday

No events

26 — Saturday

13:00 — 17:30 NOVICE LEAGUE: Iron Voyage

27 — Sunday

09:00 — 19:00 Iron Voyage

09:00 — 19:00 The Next Alpha Athlete Pt. 2: 2025

10:00 — 17:00 Clash At The Collective II

28 — Monday

No events

29 — Tuesday

No events

30 — Wednesday

No events

May 2025

01 — Thursday

No events

02 — Friday

No events

03 — Saturday

10:00 — 17:00 Alliance Weekend: Deadlift Only Fundraising Event

Join Us for Alliance Day 2025! Don't miss out on this exciting event celebrating powerlifting, community, and international competition support. Whether lifting, fundraising, or spectating, be

04 — Sunday

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05 — Monday

No events

06 — Tuesday

No events

07 — Wednesday

09:00 — 17:00 SOLD OUT! APA 2025 Mega Nationals: Sub-Junior, Junior, Masters, Special Olympics & Equipped

09:00 — 21:00 Coach Sign Up: APA 2025 Mega Nationals

Sign Up for Coaches for the APA 2025 Mega Nationals. Please note if you have not purchased a coaching pass for this event you will not be able to coach on the day.

08 — Thursday

09:00 — 17:00 SOLD OUT! APA 2025 Mega Nationals: Sub-Junior, Junior, Masters, Special Olympics & Equipped

09:00 — 21:00 Coach Sign Up: APA 2025 Mega Nationals

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09 — Friday

09:00 — 17:00 SOLD OUT! APA 2025 Mega Nationals: Sub-Junior, Junior, Masters, Special Olympics & Equipped

09:00 — 21:00 Coach Sign Up: APA 2025 Mega Nationals

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10 — Saturday

09:00 — 17:00 SOLD OUT! APA 2025 Mega Nationals: Sub-Junior, Junior, Masters, Special Olympics & Equipped

09:00 — 21:00 Coach Sign Up: APA 2025 Mega Nationals

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11 — Sunday

No events

12 — Monday

No events

13 — Tuesday

No events

14 — Wednesday

No events

15 — Thursday

No events

16 — Friday

No events

17 — Saturday

10:00 — 18:30 Paragon Open

10:00 — 18:30 MVMT Showdown III

18 — Sunday

No events

19 — Monday

No events

20 — Tuesday

No events

21 — Wednesday

No events

22 — Thursday

No events

23 — Friday

No events

24 — Saturday

09:00 — 17:00 City Strength HQ Open XXII

25 — Sunday

No events

26 — Monday

No events

27 — Tuesday

No events

28 — Wednesday

No events

29 — Thursday

No events

30 — Friday

No events

31 — Saturday

10:00 — 17:00 Warrior of the West IX

June 2025

01 — Sunday

No events

02 — Monday

No events

03 — Tuesday

No events

04 — Wednesday

No events

05 — Thursday

No events

06 — Friday

No events

07 — Saturday

09:00 — 16:00 Winter Lifting Open

10:00 — 17:00 TSF Team Champs

08 — Sunday

09:00 — 16:00 Winter Lifting Open

10:00 — 17:00 TSF Team Champs

09 — Monday

09:00 — 16:00 Winter Lifting Open

10 — Tuesday

09:00 — 16:00 Winter Lifting Open

11 — Wednesday

09:00 — 16:00 Winter Lifting Open

12 — Thursday

09:00 — 16:00 Winter Lifting Open

13 — Friday

09:00 — 16:00 Winter Lifting Open

14 — Saturday

09:00 — 16:00 Winter Lifting Open

11:00 — 18:30 NOVICE LEAGUE: The Trilogy

15 — Sunday

09:00 — 16:00 Winter Lifting Open

16 — Monday

09:00 — 16:00 Winter Lifting Open

17 — Tuesday

09:00 — 16:00 Winter Lifting Open

18 — Wednesday

09:00 — 16:00 Winter Lifting Open

19 — Thursday

09:00 — 16:00 Winter Lifting Open

20 — Friday

09:00 — 16:00 Winter Lifting Open

21 — Saturday

09:00 — 16:00 Winter Lifting Open

22 — Sunday

09:00 — 16:00 Winter Lifting Open

23 — Monday

09:00 — 16:00 Winter Lifting Open

24 — Tuesday

09:00 — 16:00 Winter Lifting Open

25 — Wednesday

09:00 — 16:00 Winter Lifting Open

26 — Thursday

09:00 — 16:00 Winter Lifting Open

27 — Friday

09:00 — 16:00 Winter Lifting Open

28 — Saturday

09:00 — 16:00 Winter Lifting Open

29 — Sunday

09:00 — 16:00 Winter Lifting Open

11:00 — 19:00 APA Darwin Open III

30 — Monday

09:00 — 16:00 Winter Lifting Open

July 2025

01 — Tuesday

09:00 — 16:00 Winter Lifting Open

02 — Wednesday

09:00 — 16:00 Winter Lifting Open

03 — Thursday

09:00 — 16:00 Winter Lifting Open

04 — Friday

09:00 — 16:00 Winter Lifting Open

05 — Saturday

09:00 — 16:00 Winter Lifting Open

06 — Sunday

09:00 — 16:00 Winter Lifting Open

10:00 — 14:30 XGym Break All Limits Open VI

11:00 — 17:00 Apex Alliance Open II

07 — Monday

09:00 — 16:00 Winter Lifting Open

08 — Tuesday

09:00 — 16:00 Winter Lifting Open

09 — Wednesday

09:00 — 16:00 Winter Lifting Open

10 — Thursday

09:00 — 16:00 Winter Lifting Open

11 — Friday

09:00 — 16:00 Winter Lifting Open

12 — Saturday

09:00 — 16:00 Winter Lifting Open

10:00 — 15:00 Barbell Geisha: Genesis

13 — Sunday

09:00 — 16:00 Winter Lifting Open

14 — Monday

09:00 — 16:00 Winter Lifting Open

15 — Tuesday

09:00 — 16:00 Winter Lifting Open

16 — Wednesday

09:00 — 16:00 Winter Lifting Open

17 — Thursday

09:00 — 16:00 Winter Lifting Open

18 — Friday

09:00 — 16:00 Winter Lifting Open

19 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 First Nations Cup IV

20 — Sunday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 First Nations Cup IV

21 — Monday

09:00 — 16:00 Winter Lifting Open

22 — Tuesday

09:00 — 16:00 Winter Lifting Open

23 — Wednesday

09:00 — 16:00 Winter Lifting Open

24 — Thursday

09:00 — 16:00 Winter Lifting Open

25 — Friday

09:00 — 16:00 Winter Lifting Open

26 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 Avia Performance Winter Open

27 — Sunday

09:00 — 16:00 Winter Lifting Open

28 — Monday

09:00 — 16:00 Winter Lifting Open

29 — Tuesday

09:00 — 16:00 Winter Lifting Open

30 — Wednesday

09:00 — 16:00 Winter Lifting Open

31 — Thursday

09:00 — 16:00 Winter Lifting Open

August 2025

01 — Friday

09:00 — 16:00 Winter Lifting Open

02 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 16:00 The Strength Standard

11:00 — 18:30 Tasmania Cup

03 — Sunday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 The Next Alpha Athlete Pt. 3: 2025

04 — Monday

09:00 — 16:00 Winter Lifting Open

05 — Tuesday

09:00 — 16:00 Winter Lifting Open

06 — Wednesday

09:00 — 16:00 Winter Lifting Open

07 — Thursday

09:00 — 16:00 Winter Lifting Open

08 — Friday

09:00 — 16:00 Winter Lifting Open

09 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 Elemental Strength Winter Showdown

10 — Sunday

09:00 — 16:00 Winter Lifting Open

11 — Monday

09:00 — 16:00 Winter Lifting Open

12 — Tuesday

09:00 — 16:00 Winter Lifting Open

13 — Wednesday

09:00 — 16:00 Winter Lifting Open

14 — Thursday

09:00 — 16:00 Winter Lifting Open

15 — Friday

09:00 — 16:00 Winter Lifting Open

16 — Saturday

09:00 — 16:00 Winter Lifting Open

17 — Sunday

09:00 — 16:00 Winter Lifting Open

18 — Monday

09:00 — 16:00 Winter Lifting Open

19 — Tuesday

09:00 — 16:00 Winter Lifting Open

20 — Wednesday

09:00 — 16:00 Winter Lifting Open

21 — Thursday

09:00 — 16:00 Winter Lifting Open

22 — Friday

09:00 — 16:00 Winter Lifting Open

23 — Saturday

09:00 — 16:00 Winter Lifting Open

17:00 — 20:00 Nightfall

24 — Sunday

09:00 — 16:00 Winter Lifting Open

16:00 — 18:00 The Real McCloy 2 (Bench Only)

25 — Monday

09:00 — 16:00 Winter Lifting Open

26 — Tuesday

09:00 — 16:00 Winter Lifting Open

27 — Wednesday

09:00 — 16:00 Winter Lifting Open

28 — Thursday

09:00 — 16:00 Winter Lifting Open

29 — Friday

09:00 — 16:00 Winter Lifting Open

30 — Saturday

09:00 — 16:00 Winter Lifting Open

10:00 — 18:30 Parageddon

31 — Sunday

09:00 — 16:00 Winter Lifting Open

September 2025

01 — Monday

09:00 — 16:00 Winter Lifting Open

02 — Tuesday

09:00 — 16:00 Winter Lifting Open

03 — Wednesday

09:00 — 16:00 Winter Lifting Open

04 — Thursday

09:00 — 16:00 Winter Lifting Open

05 — Friday

09:00 — 16:00 Winter Lifting Open

06 — Saturday

09:00 — 16:00 Winter Lifting Open

07 — Sunday

09:00 — 16:00 Winter Lifting Open

08 — Monday

09:00 — 16:00 Winter Lifting Open

09 — Tuesday

09:00 — 16:00 Winter Lifting Open

10 — Wednesday

09:00 — 16:00 Winter Lifting Open

11 — Thursday

09:00 — 16:00 Winter Lifting Open

12 — Friday

09:00 — 16:00 Winter Lifting Open

13 — Saturday

09:00 — 16:00 Winter Lifting Open

10:00 — 17:00 TSF 8th Birthday Bash

14 — Sunday

09:00 — 16:00 Winter Lifting Open

15 — Monday

09:00 — 16:00 Winter Lifting Open

16 — Tuesday

09:00 — 16:00 Winter Lifting Open

17 — Wednesday

09:00 — 16:00 Winter Lifting Open

18 — Thursday

09:00 — 16:00 Winter Lifting Open

19 — Friday

09:00 — 16:00 Winter Lifting Open

20 — Saturday

09:00 — 16:00 Winter Lifting Open

09:30 — 19:30 CS Spring Up

17:30 — 20:00 Night of Champions III

21 — Sunday

09:00 — 16:00 Winter Lifting Open

22 — Monday

09:00 — 16:00 Winter Lifting Open

23 — Tuesday

09:00 — 16:00 Winter Lifting Open

24 — Wednesday

09:00 — 16:00 Winter Lifting Open

25 — Thursday

09:00 — 16:00 Winter Lifting Open

26 — Friday

09:00 — 16:00 Winter Lifting Open

27 — Saturday

09:00 — 16:00 Winter Lifting Open

28 — Sunday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 MD Strength Slam Down

29 — Monday

09:00 — 16:00 Winter Lifting Open

30 — Tuesday

09:00 — 16:00 Winter Lifting Open

October 2025

01 — Wednesday

09:00 — 16:00 Winter Lifting Open

02 — Thursday

09:00 — 16:00 Winter Lifting Open

03 — Friday

09:00 — 16:00 Winter Lifting Open

04 — Saturday

09:00 — 16:00 Winter Lifting Open

10:00 — 19:00 Perf Cup III

05 — Sunday

09:00 — 16:00 Winter Lifting Open

09:30 — 15:00 Baxter Bench Bash (Bench Only)

10:00 — 19:00 Perf Cup III

06 — Monday

09:00 — 16:00 Winter Lifting Open

07 — Tuesday

09:00 — 16:00 Winter Lifting Open

08 — Wednesday

09:00 — 16:00 Winter Lifting Open

09 — Thursday

09:00 — 16:00 Winter Lifting Open

10 — Friday

09:00 — 16:00 Winter Lifting Open

11 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 Spooky Showdown IV

09:30 — 19:30 JPS Spring Showdown

12 — Sunday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 Spooky Showdown IV

13 — Monday

09:00 — 16:00 Winter Lifting Open

14 — Tuesday

09:00 — 16:00 Winter Lifting Open

15 — Wednesday

09:00 — 16:00 Winter Lifting Open

16 — Thursday

09:00 — 16:00 Winter Lifting Open

17 — Friday

09:00 — 16:00 Winter Lifting Open

18 — Saturday

09:00 — 16:00 Winter Lifting Open

19 — Sunday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 Australian Masters Games 2025

20 — Monday

09:00 — 16:00 Winter Lifting Open

21 — Tuesday

09:00 — 16:00 Winter Lifting Open

22 — Wednesday

09:00 — 16:00 Winter Lifting Open

23 — Thursday

09:00 — 16:00 Winter Lifting Open

24 — Friday

09:00 — 16:00 Winter Lifting Open

25 — Saturday

09:00 — 16:00 Winter Lifting Open

16:00 — 19:00 SBD Australia Cup

26 — Sunday

09:00 — 16:00 Winter Lifting Open

11:00 — 17:00 The Collective Cup Classic

27 — Monday

09:00 — 16:00 Winter Lifting Open

28 — Tuesday

09:00 — 16:00 Winter Lifting Open

29 — Wednesday

09:00 — 16:00 Winter Lifting Open

30 — Thursday

09:00 — 16:00 Winter Lifting Open

31 — Friday

09:00 — 16:00 Winter Lifting Open

November 2025

01 — Saturday

09:00 — 16:00 Winter Lifting Open

02 — Sunday

09:00 — 16:00 Winter Lifting Open

10:00 — 14:30 XGym Break All Limits Open VII

11:00 — 17:00 Apex Alliance Open III

03 — Monday

09:00 — 16:00 Winter Lifting Open

04 — Tuesday

09:00 — 16:00 Winter Lifting Open

05 — Wednesday

09:00 — 16:00 Winter Lifting Open

06 — Thursday

09:00 — 16:00 Winter Lifting Open

07 — Friday

09:00 — 16:00 Winter Lifting Open

08 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 The Final Alpha Athlete: 2025

09 — Sunday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 The Final Alpha Athlete: 2025

10 — Monday

09:00 — 16:00 Winter Lifting Open

11 — Tuesday

09:00 — 16:00 Winter Lifting Open

12 — Wednesday

09:00 — 16:00 Winter Lifting Open

13 — Thursday

09:00 — 16:00 Winter Lifting Open

14 — Friday

09:00 — 16:00 Winter Lifting Open

15 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 Elemental Strength Spring Showdown

16 — Sunday

09:00 — 16:00 Winter Lifting Open

17 — Monday

09:00 — 16:00 Winter Lifting Open

18 — Tuesday

09:00 — 16:00 Winter Lifting Open

19 — Wednesday

09:00 — 16:00 Winter Lifting Open

20 — Thursday

09:00 — 16:00 Winter Lifting Open

21 — Friday

09:00 — 16:00 Winter Lifting Open

22 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 17:00 Warrior of the West X

10:00 — 15:00 Strength Culture Cup VI

10:00 — 17:00 Raw Strength Championships 10 (Club Combat 2)

23 — Sunday

09:00 — 16:00 Winter Lifting Open

24 — Monday

09:00 — 16:00 Winter Lifting Open

25 — Tuesday

09:00 — 16:00 Winter Lifting Open

26 — Wednesday

09:00 — 16:00 Winter Lifting Open

27 — Thursday

09:00 — 16:00 Winter Lifting Open

28 — Friday

09:00 — 16:00 Winter Lifting Open

29 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 17:00 City Strength HQ Open XXIII

13:00 — 19:00 Grand Prix

30 — Sunday

09:00 — 16:00 Winter Lifting Open

13:00 — 19:00 Grand Prix

December 2025

01 — Monday

09:00 — 16:00 Winter Lifting Open

02 — Tuesday

09:00 — 16:00 Winter Lifting Open

03 — Wednesday

09:00 — 16:00 Winter Lifting Open

04 — Thursday

09:00 — 16:00 Winter Lifting Open

05 — Friday

09:00 — 16:00 Winter Lifting Open

06 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 18:30 The TSF Open 2025

07 — Sunday

09:00 — 16:00 Winter Lifting Open

08 — Monday

09:00 — 16:00 Winter Lifting Open

09 — Tuesday

09:00 — 16:00 Winter Lifting Open

10 — Wednesday

09:00 — 16:00 Winter Lifting Open

11 — Thursday

09:00 — 16:00 Winter Lifting Open

12 — Friday

09:00 — 16:00 Winter Lifting Open

13 — Saturday

09:00 — 16:00 Winter Lifting Open

14 — Sunday

09:00 — 16:00 Winter Lifting Open

15 — Monday

09:00 — 16:00 Winter Lifting Open

16 — Tuesday

09:00 — 16:00 Winter Lifting Open

17 — Wednesday

09:00 — 16:00 Winter Lifting Open

18 — Thursday

09:00 — 16:00 Winter Lifting Open

19 — Friday

09:00 — 16:00 Winter Lifting Open

20 — Saturday

09:00 — 16:00 Winter Lifting Open

09:00 — 19:00 Chrissy Classic

21 — Sunday

No events

22 — Monday

No events

23 — Tuesday

No events

24 — Wednesday

No events

25 — Thursday

No events

26 — Friday

No events

27 — Saturday

No events

28 — Sunday

No events

29 — Monday

No events

30 — Tuesday

No events

31 — Wednesday

No events